

BALANCED MIND CONFERENCE XXI

November 7, 2017

SESSION DESCRIPTIONS

All

Cultivating A District Art Festival (EC/E/M/H/A)

Mr. Robert Brase, Oceanside UFSD

This session will outline the step-by-step process that could be utilized to develop and present a successful district-wide art festival. This session will also cover the merits of cultivating a district-wide arts festival, where music performances can play an integral part in the activity. Valuable handouts will be made available to all participants.

Meeting Next Generation Learning Standards through Green Screen Technology (E/M/H)

Mr. Michael Young, Freeport UFSD

Mr. Richard Wolfsdorf, Freeport UFSD

Magically transport your students across the parameters of time and space. With just an iPad or Chromebook, your students can become Columbus, Shakespeare, Beethoven, Cinderella, Neil Armstrong, or perhaps even a deep sea diver on a quest into the unknown. Collaborative imagination and free downloadable apps, will challenge students to reenact timeless moments in front of real-life and/or simulated digital backdrops. As you transform your classroom into a state-of-the-art green screen digital studio, students will foster the true 21st Century Skills Fortune 500 Companies are seeking (creativity, innovation, divergent thinking, collaboration). The workshop address multiple intelligences through the medium of green screen.

The Power of Positive Teaching (EC/E/M/H/A)

Ms. Peggy Rakas, North Merrick UFSD

Explore concepts from Positive Psychology and motivational techniques that can benefit music teachers and their students. Participants will go home with engaging ideas, clear goals, and practical exercises for improving their own outlook on life, and raising the bar on student expectations.

Yoga for Performers (E/M/H)

Mrs. Laura Costa-Gallo, Oceanside UFSD

As schools continue to integrate special learners into programs there are many issues to consider. This session will look at how one district provides music to students with unique needs. It is based on the belief that music is necessary for all children to grow and that they should be taught in the least restrictive environment. We will look at practical applications of research and philosophy.

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November 7, 2017

Art

Acrylics: Go With the Flow (M/H)

Mrs. Julia Lang-Shapiro, Long Beach CSD

Add color and flow to your life with acrylic pouring and fluid painting. Learn four different pouring techniques for exciting results with every pour! Every participant will leave with a finished piece.

Maximum 25 participants

The Art and Lore of the Violin: History of the Early Violin in Art and Music (E/M/H)

Mr. Charles J. Rufino, Long Island Violin Shop

The early history of bowed stringed instruments is presented with a PowerPoint lecture and includes iconography from painting, sculpture, and illuminated manuscripts. It will include examples of music to illuminate the fascinating story that brought bowed strings from the steppes of western Asia to medieval Europe and discuss the ongoing impact it has had on western culture. If you ever wondered where the violin came from, you will enjoy this presentation.

Book Illustration (M/H)

Miss Heather Heckel, Port Washington UFSD

This activity will combine drawing with vocabulary and other interdisciplinary topics. Teachers will illustrate a specific idea with interpretive vision, using sketching and inking techniques. An overview of the affordable publishing platform, CreateSpace.com, will be provided with details about how to prepare files to order class sets for students. Maximum 15 participants

Cabinets of Curiosities: Combining Science and Art (E/M)

Ms. Katie Aragon, Nassau County Museum of Art

Create a mixed media Cabinet of Curiosities to combine scientific studies with the elements of art! Inspired by the Nassau County Museum of Art's new Manes Family Art & Education Center, originally home of Childs Frick's paleontology lab, participants will build their own Cabinets of Curiosities while investigating the works of relevant contemporary artists and scientific disciplines. Participants will leave with resources and activities to integrate within their classroom. Maximum 12 participants

Collage as an Art Form (E/M/H)

Ms. Ellen Stavitsky, The Dalton School

Using an array of beautiful papers, thread, and washi tape, participants will make a collage with personal meaning. To create a coherent composition, thoughtful consideration of color, line, and shape will be discussed. Maximum 12 participants

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Digital Photography: Portraits and Beyond (H)

Ms. Gina Minielli, Molloy College

This workshop focuses on interesting camera techniques for your classroom. Whether using smartphones or digital cameras, we will explore options to express vision in a more concise and controlled manner. Maximum 12 participants

Dwellings and Hidden Treasures (E/M/H)

Tim Roda, Molloy College

Referencing habitats of animals (beavers), birds, (nests) insects, (ant-hills) and humans (Navajo Indians), participants will create a dwelling smaller than 8 inches in a site-specific location camouflaged from predators like the janitor, other students, or elements of the weather. The completed structures will incorporate wet clay, bone-dry clay, slip, and also three other materials. The non-permanent structures must be connected to the building or another physical object on at least one side. Participants will take their pieces home after the workshop. Outcomes and goals are to use multiple mediums outside of the traditional norm and to adhere materials to another surface or structure in a non-permanent way while also considering elements of design and strength. The concept behind this workshop can be transformed to fit the needs of the K-12 classroom. Maximum 10 participants

Every Picture Tells a Story (E/M/H)

Mrs. Elizabeth Dysart, Hofstra University Museum

Participants will exercise skills in "close looking" at works of art with hands-on art-making opportunities. Together we will analyze and explore multiple perspectives and responses to the works. This collaborative endeavor will provide an opportunity in sharing and discussing how the artist conveys information through close reading of the art as text and how we draw upon our own experiences to understand ourselves, others and the world. The workshop activities will incorporate essential 21st century skills, and integrate ELA, Science and Social Studies concepts specific to grade-levels. Maximum 25 participants

Fluid Acrylic Painting (H)

Mrs. Jeanne Buccino, Saint Francis Preparatory High School

Learn how to create a small fluid acrylic painting using acrylic dyes and fluid acrylic medium. Choose a color scheme and watch as the colors blend together to create a beautiful abstract design. Pour or dribble paint to achieve beautiful effects. Free your mind and let creativity take hold! Note: You may bring a smock or apron to protect your clothing. Maximum 15 participants

BALANCED MIND CONFERENCE XXI

November 7, 2017

Gustav Klimt: Patterned Tree Collage (E/M/H)

Mrs. Stacy Wasson, Roosevelt UFSD

Gustav Klimt was a true bohemian, fiercely independent and determined to express himself in new unique ways. He outraged the establishment and left behind a legacy that even today, nearly a hundred years after his death, still intrigues even the most novice observer. Klimt's use of geometric shape to create a visual feast of rich pattern, is the inspiration for this collage based workshop. Integrating elements of E.L.A., social studies and math, this lesson is aligned to the Common Core on many levels.

Inspired by Artist Trading Cards (E/M/H)

Mrs. Nicole Girgenti, East Williston UFSD

Participants will create a set of Artist Trading Cards (ATC's) using a variety of materials and techniques. Each card will be "inspired by" a specific artist, genre, material, or subject matter. We will discuss the endless possibilities and practical application of using ATC's as a departure point for further exploration in art and how to create a lesson around a specific topic. We will make ATC's that connect to art history, STEAM, elements and principals, cultural and cross-curricular connections and much more. Maximum 20 participants

iPhone Photography (M/H)

Ms. Sandra Carrion, Image Factory Workshop

If you own an iPhone, you and 146 million people have chosen the phone that has revolutionized modern photography. Some of the world's greatest photographers use their iPhone cameras for their professional and personal work. This workshop will focus on the iPhone's camera and a variety of very cool apps. You will learn how to edit your images by adding special effects and textures thus enabling you to share this technology with your students. An emphasis will be placed on integrating multiple apps and exporting images to the computer for printing. A list of apps will be sent to you before the workshop. The apps range from free to \$2.

Looking at Layers with Willem de Kooning (M/H)

Mrs. Jeanmarie Mansfield, Long Island Children's Museum

Ms. Marisa D'Ulisse, Long Island Children's Museum

Inspired by Willem de Kooning, participants will focus on form, shape and positive and negative space. Utilizing a range of techniques, the human figure will be abstracted to create a layered composition. Participants will explore a variety of materials such as charcoal, paint, gel medium and newspaper transfers in order to get creative and make marks that add depth to their paintings. Maximum 20 participants

BALANCED MIND CONFERENCE XXI

November 7, 2017

Marbling and Enameling (E/M/H)

Mrs. Jocelyn Rodriguez, Freeport UFSD

Mrs. Lauren Levine, Freeport UFSD

In this workshop, educators will have the opportunity to explore marbling techniques using a variety of materials. Demonstrations and hand-on experiences will equip educators with the knowledge and skills to implement marbling into their K - 12 curriculum. We will discuss various mediums and methods that scaffold artistic vocabulary into age-appropriate marbling lessons. Participants will leave with their own piece created by a marbling method of their choice.

Maximum 20 participants

Outer Space Art Adventure! (M)

Jan Porinchak, Jericho UFSD

Join us for an outer space adventure that combines composition, modeling a planet, and creating an extra-terrestrial being! The culmination of your multimedia artwork will be out of this world as you incorporate science and ELA into the art room.

Sharing Best Practices from the Art Classroom (EC/E/M)

Ms. Dalia Rodriguez, North Shore UFSD

Add more color to your teaching palate! This session provides the opportunity to share your work with your peers in a safe environment. Participants are encouraged to bring an example of a project/lesson they wish to share with the group.

Sumi Ink Figure Drawing (M/H)

Mr. Leonard Antinori, Molloy College

Following a brief overview of various Asian pictorial techniques, a hands-on workshop using a less is more approach will be applied to creating gesture drawing in Sumi ink of a human figure in motion using a bamboo brush. No experience necessary, a smock is recommended.

Maximum 10 participants

A Taste of Australia (EC/E/M/H/A)

Mr. Chris Pitkin, Freelance Arts Educator

Learn from an authentic Aussie about Australia's extreme cultural and scientific diversity, Aboriginal Dreamtime/Mythology, and the Aborigine's unique relationship with the land (walkabout/songlines). Focus on Australia's Aboriginal Culture, the world's oldest continuing culture. Learn and become familiar with Aboriginal Art: ochres, dot painting, and iconography and the traditional Aboriginal Didgeridoo, the world's oldest wind instrument. Explore Australia's unique flora, fauna, landscapes, seasons, climate and diverse cultures. Enjoy a hands-on experience when you dot-paint your own artwork, in the traditional Aboriginal way. Maximum 25 participants

BALANCED MIND CONFERENCE XXI

November 7, 2017

Teaching The Elements of Art through Mixed Media Handmade Books (E/M/H)

Mrs. Tara Pillich, North Shore UFSD

This is a hands-on workshop in which we will create handmade artists books intended to supplement or replace a traditional sketchbook. We will use various prompts and techniques to explore The Elements of Art in making these books. This anchor activity can be used at any level, and can be adjusted to fit within any time constraint. All participants will leave this with a teacher sample and a variety of resources to aid in classroom implementation. Maximum 20 participants

Techniques in Mixed Media (E/M/H)

Ms. Syd Glasser, Sewanhaka CHSD

Exploring mixed media is crucial for artistic development and experimentation. Participants will explore different approaches to creating mixed media work that incorporates collage, ink, gesso, pastel, and graphite. Concepts from this workshop can be applied to art classes at various grade levels. Maximum 15 participants

Understanding Flash Photography (M/H)

Mr. Angel Perez, Hempstead UFSD

Educators will learn best practices of using flash photography. On and off camera flash as well as homemade and store bought light modifiers and gear options will be addressed. Participants are encouraged to bring their own cameras and gear. A general understanding of the exposure triangle is advisable.

Visual Journaling and Hand Bound Books (H)

Beth Atkinson, Hicksville UFSD

Michelle Lesser, Hicksville UFSD

Visual journaling has become increasingly popular in the art world today even though artists have been creating visual journals for hundreds of years. This technique is similar to keeping a sketchbook, but differs in that it has more of an emphasis on experimentation and personal expression and is intended to take away the formality of what was previously known as a sketchbook. It is a creative way to express and record personal experiences, feelings and emotional reactions to our inner world both visually and verbally. In this hands-on workshop participants will experiment with different materials and techniques to create expressive and unique pages, and then create a hand bound book structure to hold those pages. Maximum 20 participants

Willem de Kooning: Mixed Media Mashup (EC/E)

Mrs. Jeanmarie Mansfield, Long Island Children's Museum

Ms. Marisa D'Ulisse, Long Island Children's Museum

Inspired by Willem de Kooning, participants will focus on form, shape and positive and negative space. Utilizing a range of techniques, the human figure will be abstracted to create a layered composition. Participants will explore a variety of materials such as charcoal, paint, gel medium and newspaper transfers in order to get creative and make marks that add depth to their paintings. Maximum 20 participants

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Dance

Bag O' Flags (E/M/H)

Ms. Molly Tittler, East Meadow UFSD

"I'm in charge of the flag twirlers - HELP!" Has this thought ever crossed your mind? It certainly did for me when I was first starting out as a band director. Ten years later and teaching color guard has provided me with some of the most rewarding experiences of my career. Please join me for this hands-on learning experience where we explore the basics of color guard and how to make this activity the jewel of your band program!

Choreography 101 (M/H)

Miss Aislinn Oliveri, Mineola UFSD

This session is for choreographers of school musicals looking to build and develop a repertoire of basic choreography strategies to help create visually appealing staging. We will discuss ideas to help tackle the challenge of creating appropriate choreography for students of all skill levels. Together, we will move around the space, watch examples of different types of dance and choreography and discuss the importance of warm ups, formations and setting a comfortable atmosphere for your cast!

Empowering Students' Creative Bodies and Minds (E/M/H)

Mrs. Susan Turner Radin, South Huntington UFSD, Hofstra University

Susan will guide educators in ways to engage dancers and non-dancers of all ages in movement activities that will fuel their creativity and introduce them to their power as an artist. From basic shape-making activities to more in depth phrase development, participants will learn to use movement to communicate feelings, ideas, and concepts in ways unique to them. Educators will receive specific strategies on how to include creative dance in their academic, arts, or dance classrooms. The session will include simple accessible movement activities and a question and answer segment to provide educators with more targeted methodology for their classroom environment.

BALANCED MIND CONFERENCE XXI

November 7, 2017

Music

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Mr. Charles J. Rufino, Long Island Violin Shop

The early history of bowed stringed instruments is presented with a PowerPoint lecture and includes iconography from painting, sculpture, and illuminated manuscripts. It will include examples of music to illuminate the fascinating story that brought bowed strings from the steppes of western Asia to medieval Europe and discuss the ongoing impact it has had on western culture. If you ever wondered where the violin came from, you will enjoy this presentation.

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Bringing Classical Music to Life through Music Technology (E/M/H)

Mrs. Iris Elezi, Uniondale UFSD

Learn innovative ways on how technology can be infused in the general music classes and how to create tracks, edit and remix music and videos. Have fun importing and arranging one of your favorite classical compositions using GarageBand. We will then explore the power of chords/rhythm through songwriting and discuss the compositions in relation to the elements of music. Bring your general music class to life!

Clarinet Clarity (E/M/H)

Dr. Lavana Cohen, Suffolk County Community College

This workshop will assist music educators in correcting common technical performance issues on the clarinet. Dr. Cohen will discuss and offer practical solutions in articulation, tone development, air support, embouchure control, posture, and equipment. Participants will leave with Vandoren reed samples and a handout providing ways to address common problems found in clarinet students of all ages and abilities. This is a hands-on experience where participants are encouraged to bring their instruments and experiment with some of the techniques being presented. Participants will also be given the opportunity to try different mouthpieces and ligature set ups. The goal is to help music educators be more effective teachers by offering suggestions in solving common concerns within their clarinet sections.

BALANCED MIND CONFERENCE XXI

November 7, 2017

Demystifying the Oboe (E/M/H)

Mr. Shane Helfner, Port Washington UFSD

This workshop will focus on everything you need to know about the oboe. We will discuss how to produce a soft warm tone, teach embouchure, fix reeds, help with tuning, warm-ups, and more. If you feel you need some more help with the oboe, this workshop is definitely for you! You will receive a packet with tips and ideas to help teach the oboe to your students.

Elementary Band Reading Session (E/M)

Mr. Karl Siewertsen, Plainedge UFSD

A reading session of new 2017 band music from JW Pepper. Pieces range in difficulty from grade 0.5 - 2.5. A variety of styles and genres are included in the repertoire being read. A list of quality elementary band from years past will also be provided to all attendees.

Elementary Choral Reading Session (E/M)

Ms. Emilie D'Andrilli, Farmingdale UFSD

This session will explore various levels and genres of elementary choral music including NYSSMA pieces, upper elementary-middle school pieces, and also music for beginning ensembles in third or fourth grade.

Elementary General Music Make and Take (E)

Mrs. Jodie Robertson, Herricks UFSD

Do you teach elementary general music? Are you looking for some new hands-on materials for your students to use in the classroom? If yes than come join our elementary general music make and take. We will play games and activities, make the materials needed for the games, and then YOU get to take those materials back to your classroom and play, learn and grow with your students.

Elementary String Reading Session (E/M)

Kathy Rostholder, Bellmore UFSD, retired

Amy Rostholder, Syosset UFSD

Teachers will read recently published orchestral works as well as "gently used" pieces that are suitable for entry level to middle school groups.

Find Your Voice: The Creative Side of Musicianship (E/M/H)

Mr. Reynard Burns, Reynard Burns Publishing, Inc.

Playing music has always been a creative process. The rigors of concert preparation, auditions, and NYSSMA have a tendency to downplay the creative side of school musicians. The Find Your Voice experience is intended to unlock those creative juices, build self-confidence, encourage technical and musical development, provide a musical experience beyond the printed page, and increase familiarity with each person's performance medium.

BALANCED MIND CONFERENCE XXI

November 7, 2017

Digital Citizenship: A Music Educators' Positive Web Presence (EC/E/M/H/A)

Mr. Eric Rizzo, Ramapo CSD

The internet and social media can be powerful tools for educators. Using web services for educational goals and purposes should always be the focus. This session will provide workflows for leveraging the internet and social media for a positive impact on your instruction and your students' learning, through the lens of music education.

Improvisation in the Band and Orchestra Classroom (E/M/H)

Mr. Geoffrey Taylor, Herricks UFSD

Improvisation is not just for jazz band! Participants will learn practical ways to incorporate improvisation into a concert band or orchestra classroom. Learn how to use improvisation to teach scales, ear training, and also how to incorporate them into a concert performance. Learn how to make improvisation fit into sectionals, full ensemble rehearsals, and with any level from beginners to advanced high schoolers. Bring your instrument and be ready to play!

Instructing the Young Jazz Improvisor (M/H)

Dr. Steve Briody, Five Towns College

Dave Lobenstein, Long Beach CSD, Five Towns College

This demonstration will incorporate strategies to assist middle and high school educators in improving their students approach to jazz improvisation. The session will include topics such as ear training, transcribing, development of melodic patterns and chord/scale relationships. The workshop will be accompanied by a Five Towns College rhythm section and solo players. Steve Briody and Dave Lobenstein will then demonstrate several techniques designed to help beginning improvisers achieve a greater level of knowledge and skill while building confidence for a successful jazz performance. Handouts will be provided, and Q&A is very much welcomed.

How Saxophone Quartets Can Improve Your Band Program (M/H)

Dr. David Wozniak, Manhattan Community College

Mr. Josh Lang, Trans1t Saxophone Quartet

Mr. Greg Fassuliotis, Trans1t Saxophone Quartet

Mr. Michael Brinzer, Trans1t Saxophone Quartet

This session will explore creative ways to include small chamber music ensembles in your woodwind lesson plans. In addition to a short performance by the Trans1t Saxophone Quartet, attendees will be introduced to suitable repertoire to use for all ability levels, as well as rehearsal techniques that will help your students get the most out of their group. Learn how chamber music performance can drastically improve a student's intonation, listening skills, communication, and independence. Teachers will also discover how chamber music can improve their wind ensembles and jazz band through better section cohesion. Teachers seeking to expand the scope of their band program will find this chamber music session to be invaluable.

BALANCED MIND CONFERENCE XXI

November 7, 2017

Incorporating Mindfulness Into Elementary Band and Orchestra (E)

Mrs. Michelina Sobolewski, Herricks UFSD

Ms. Ann McInerney, Herricks UFSD

Mindful breathing techniques and physical movement which promote a positive and productive environment in which to learn will be covered. The art of learning an instrument requires the refinement of fine and gross motor skills; therefore, these exercises enhance the developmental progress of students on their instruments. When the exercises are used over time, teachers will experience an increased sense of unity within their ensembles, enabling students to experience a heightened sense of mental and body awareness which allows them to take ownership of their own learning.

Jazz Power Tools for Storytelling and Standing Up for Women's Rights (M/H/A)

Mr. Eli Yamin, Jazz Power Initiative

Mr. Brian Fender-Shirley, Jazz Power Initiative

Ms. Isabella Pinto, Jazz Power Initiative

Join artistic director and composer Eli Yamin and friends for a hands-on workshop using the voice and body to experience jazz power tools for storytelling such as improvisation, syncopation and making a soulful sound as well as an introduction to Jazz Power Initiative's musical, *Holding the Torch For Liberty*, about the fight for women's suffrage.

Jazz Reading Session (E/M/H)

Mr. Ed Chiarello, LIU Post

Mr. Brent Chiarello, Cold Spring Harbor

A 16-piece professional jazz ensemble will perform new jazz literature written for elementary, middle school, and high school jazz ensembles for teachers to evaluate and consider for application with their current ensemble program. Material to be performed will include all levels of performance, elementary through high school.

K-5 General Music for Students Who Learn Differently (E)

Mrs. Rachel Nadler, Hicksville UFSD

How do we create a safe, engaging, and fun classroom environment for students with special needs? This workshop will provide teachers with lesson plans, activities, and classroom management strategies to benefit every student and every class type, including inclusion and self-contained classes. Together, we will discuss how singing, dancing, moving, playing instruments, and even creating art can benefit students of all abilities.

BALANCED MIND CONFERENCE XXI

November 7, 2017

The Management Mindset: Building a Positive and Diligent Ensemble Environment (E/M/H)

Mr. James Ludwig, Herricks UFSD

This session explores ways in which conductors can manage their rehearsals and classroom environments in a positive way. Participants learn to examine issues that contribute to student distraction in rehearsal and determine the root causes of off-task behavior. Eliminating the causes of behavior is a more positive and effective method of classroom management than “punishing” students. Participants will learn how to set up their own customized classroom management plan, complete with expectations, guidelines for success, and a fair and consistent set of consequences.

Multi-App Recording with AudioBus on iPad (M/H)

Mr. Eric Rizzo, Ramapo CSD

Looking for a way take the next step with music production on the iPad? With Audiobus, the revolutionary new inter-app audio routing system, you can connect your Audiobus-compatible music Apps together, just like virtual cables.

Muscle Memory Sight-Singing (E/M/H)

Mr. John Fallon, Walhalla HS, Oconee County, SC

Whether it's a clutch 3-point shot in an NBA game by Miami Heat's Ray Allen, Benny Goodman playing intricate tonguings to create special effects on a clarinet or the re-creation Mr. Miyagi's wax on / wax off martial arts instruction from the movie *Karate Kid*, muscle memory or motor learning, allows performance without conscious effort--- even in choral sight singing. This workshop is based on my forty years in the classroom as a choral and band director. After repeated failures and minimal successes using various published sight singing/reading approaches, I've developed the muscle memory sight reading and choral theory approach based on various techniques that have worked for me and my program. With no plans of marketing the approach, but rather "sharing" with those who show interest. I'll also discuss with teachers the potential of developing programs based on their experiences and expertise, and add muscle memory sight singing techniques to reach that final approach that works for their program.

Music for Special Learners: A District Wide Perspective (EC/E/M/H/A)

Dr. David Gaines, Massapequa UFSD

Mrs. Gina Aspetti, Massapequa UFSD

Miss Christina Guando, Massapequa UFSD

As schools continue to integrate special learners into programs, there are many issues to consider. This session will look at how one district provides music to students with unique needs. It is based on the belief that music is necessary for all children to grow and that they should be taught in the least restrictive environment. We will look at practical applications of research and philosophy.

BALANCED MIND CONFERENCE XXI

November 7, 2017

Music in the Digital Classroom (H)

Mr. William Kinslow, East Meadow UFSD

Mr. Neil Walowitz, East Meadow UFSD

This is a project designed to illustrate how 21st Century skills can be applied to learning music theory, performance and composition. Components of the seminar include the use of Digital Audio Workstations (DAWS). Methods for teaching musical skills, lesson ideas and student work will be presented. Software titles to be used are Logic Pro X, GarageBand and Practica Musica. Topics such as digital audio editing, scoring and midi production will also be addressed.

New Music for Today's Student: A Music Reading Session (E/M/H)

Mr. Reynard Burns, Reynard Burns Publishing, Inc.

Students in today's instrumental programs represent a wider cultural and ethnic community than twenty years ago. Attendees will have the opportunity to play music that is more representative of the backgrounds and cultures of today's music student. Focus will be on music for strings.

Full orchestra selection dependent upon availability of wind and percussion players.

Maximum 25 participants

Notes from the Podium (E/M/H)

Mr. Scott Dunn, Baldwin UFSD

A practical, real life conducting seminar designed by and aimed at public school conductors. We will talk candidly about what it means to be a maestro, and do some conducting too. Please bring a baton.

The Nutcracker Suite - A Performance in Creative Movement (EC,E)

Mrs. Erica Whitman Davis, Bellmore UFSD

This workshop will focus on active listening by becoming part of a musical story, with an emphasis on musical form and literacy using listening maps. Participants will perform scenes from famous program music. We'll start with a performance of selected movements from The Nutcracker Suite, by Tchaikovsky. Other activities will include "The Ballet of the Unhatched Chicks" from *Pictures at an Exhibition* by Mussorgsky, and *The Carnival of the Animals*. This workshop is truly a discovery experience. Teachers will learn how to help their students reach a deeper understanding of the music they hear by responding creatively to musical motives and themes. As one character in the piece, each participant will feel how his/her part relates to the other sections and the whole.

BALANCED MIND CONFERENCE XXI

November 7, 2017

Parakeet Play with Color: An Innovative Method to Experience Music (E)

Mrs. Pam Gallopini, Lawrence UFSD

Ms. Susan Rogan, Lawrence UFSD

Parakeet is an innovative and intuitive color coded system of learning to play a musical instrument, read music, and apply basic music theory. Parakeet comprises of high quality musical instruments and instrument enhancers/devices which have been developed by music experts as well as online interactive lessons and apps. The instruments/enhancers and apps can be played in conjunction with each other or can be used separately. We will demonstrate the Parakeet whistle and the corresponding teaching program on the Parakeet website with a performance by the children who have used this method.

Preparing For a NYSSMA Vocal Solo: An Insider's Guide (E/M/H)

Mr. Marc Greene, Ithaca College School of Music

Learn some tricks of the trade to best prepare your students for a successful and meaningful vocal solo adjudication experience from someone who brings the simultaneous perspectives of a school music teacher, private teacher, parent, accompanist and long-time adjudicator.

Promoting Compassion and Empathy through the teaching of World Music (M/H)

Ms. Louise O'Hanlon, Herricks UFSD

Looking at World Music as a means of promoting empathy and compassion. Five pieces will be introduced and learned from beginning to end. Students will discuss the impact that performing this music has had on them while in the Herricks choral program.

Repertoire Selection for Growth (E/M/H)

Dr. David Gaines, Massapequa UFSD

Repertoire selection is one of the most important aspects of achieving a successful performance program. It is often not given as much consideration as it needs. We will look at best practices for selecting repertoire for performance ensembles. Available resources will also be discussed.

Rock and Roll Forever Foundation: Music Across the Curriculum (E/M/H)

Mrs. Stephanie Arnell, Freeport UFSD

The Rock and Roll Forever Foundation was founded by Stevie Van Zandt to bring rich educational materials to teachers and students everywhere – at no cost. The lesson plans and resources at teachrock.org allow a one-of-a-kind, multimedia experience that helps young people connect the history of popular music to classroom work across the disciplines. From social studies and language arts to geography, media studies, science, general music, and more, TeachRock has engaging and meaningful material for every classroom. The curriculum inspires student engagement in the classroom, increases excitement and is tied to the Common Core Learning Standards as well as the National Standards for Music Education.

BALANCED MIND CONFERENCE XXI

November 7, 2017

Round Table Discussion: Google Classroom in the Rehearsal Setting (E/M/H)

Mr. Andrew Fund, Hewlett-Woodmere UFSD

Many districts are now incorporating Google Classroom into their school. As a result, music educators are using Google Classroom in their ensembles. This will be an open forum in which we can all share how we are implementing this software with our students.

Secondary Band Reading Session (M/H)

Mr. Justin Marks, Long Beach CSD

As band directors, we have our go to pieces, composers, and soundscapes that we gravitate to while working on concert programming. This reading session will expose colleagues to quality literature from a variety of composers. Most of the pieces will be outside the standard NYS resources such as the NYSSMA Manual. Participants will be provided graded lists of additional works from each composer so that they may better understand what each can offer.

Secondary Choral Reading Session (M/H)

Mrs. Monique Retzlaff, Freeport UFSD

Participants are invited to sing through a wide range of Secondary choral music (mainly SATB) with the Freeport High School Select Chorale leading them in performance.

Secondary Orchestra Reading Session (M/H)

Mr. Jason Domingo, North Shore UFSD

Participants will be reading through new and slightly new music for the middle and high school level string orchestra. Please bring instruments.

Self Contained Tool Kit - From My Classroom to Yours (E)

Ms. Erin Degnan, Oceanside UFSD

Participants will be immediately engaged in a variety of activities that have proven to be successful in the self-contained setting. You will be walked through and experience a typical class format. The goal is for each participant to gain new ideas/activities/approaches/strategies that you will be able to utilize in your classroom. ****Experiential based/Hands-on Workshop****
This workshop is adaptable for primary grades.

Show Time in Classroom Music (E/M)

Mrs. Ruth Breidenbach, Freeport UFSD

Creating, Performing, Responding, and Connecting: Theatre Arts Standards in the Music Classroom. Bring your drama and join us for an engaging session of collaborative activities that you'll love to integrate in your curriculum. Celebrate imagination and play in your music room.

So Now You Are a Choral Conductor! (E/M)

Ms. Louise O'Hanlon, Herricks UFSD

Participants will learn fundamental conducting techniques and work on common choral issues that arise when performing Level 1 and 2 NYSSMA Treble Chorus literature.

BALANCED MIND CONFERENCE XXI

November 7, 2017

A Taste of Australia (EC/E/M/H/A)

Mr. Chris Pitkin, Freelance Arts Educator

Learn from an authentic Aussie about Australia's extreme cultural and scientific diversity, Aboriginal Dreamtime/Mythology, and the Aborigine's unique relationship with the land (walkabout/songlines). Focus on Australia's Aboriginal Culture, the world's oldest continuing culture. Learn and become familiar with Aboriginal Art: ochres, dot painting, and iconography and the traditional Aboriginal Didgeridoo, the world's oldest wind instrument. Explore Australia's unique flora, fauna, landscapes, seasons, climate and diverse cultures. Enjoy a hands-on experience when you dot-paint your own artwork, in the traditional Aboriginal way.

Teaching Music to Students with Disabilities (M/H)

Mr. Mark Ratner, Mineola UFSD

Participants will receive a variety of lesson plans and engage in several activities that promote emotional growth, social and fine motor skills, creativity and academic performance. Participants will also be given ideas for creating interdisciplinary activities that will help showcase your students' talents to your school community.

Technology-Based Projects for the General Music Classroom (E/M)

Mrs. Allison Friedman, Port Washington UFSD

Using technology-based projects in the general music classroom can improve excitement, engagement and student achievement. Students today are living in a digital world and it is important they are learning and applying 21st century technology skills in all subject areas. This workshop will share some technology-based project ideas that you can use and/or adapt for your general music classroom utilizing audio/video editing tools, traditional and non-traditional composition tools, and web-based presentation tools. Projects presented are geared towards upper elementary students through eighth grade.

Ten Paperless Warm-Ups for Band (E/M/H)

Ms. Elizabeth Andrew, Port Washington UFSD

Participants will learn ten warm-ups for band that do not require the use of written music. These activities keep all students engaged and are perfect for ensembles with students of mixed ability. The presenter will provide video examples of students using these warm-ups and will discuss ways they can be differentiated for beginner through advanced students. Participants will leave with fun ideas they can implement immediately.

BALANCED MIND CONFERENCE XXI

November 7, 2017

Travel... Should We Stay or Should We Go? (H)

Mr. Joseph Romano, Levittown UFSD

Many young ensemble directors are hired for positions only to find out that in addition to developing their curricular programs, they must plan to take their ensembles on out-of-state trips. Even experienced directors have considered traveling with their groups, but have considerable anxiety because of the logistics involved. Mr. Romano's session will consider the pros and cons of out-of-state trips as well as offer an extensive list of do's and don't's when planning trips for our students. Directors of all experience levels are invited to attend this session and share tricks of the trade that have worked in their programs.

Vocal Jazz - Preparing for All County Auditions (H)

Mr. Ben Pesenti, Sewanhaka CHSD

The All County Vocal Jazz Ensemble is one of the best opportunities high school singers in Nassau County can get to work one-on-one with industry-level talent. In this session you will learn the ins and outs of preparing students to audition for this select ensemble. We will cover the audition process from start to finish and address a range of topics including, but not limited to, the vocal jazz style, improvisation, repertoire selection and sight singing. Be ready to get out of your comfort zone and have a blast singing in this classic American style!

Why the Sound at Your Show isn't Great and How to Fix it (M/H)

Mr. Dennis Cashton, Mind over Machines

With over forty-five years of experience designing and using audio equipment, Dennis Cashton will discuss and demonstrate tips and techniques for improving the sound of your theatrical performances and concerts. He will touch on important principles of sound reinforcement, common problems and solutions, and demonstrate some techniques that you can apply to your situation. There will be Q&A for your specific questions.

BALANCED MIND CONFERENCE XXI

November 7, 2017

Theatre

Choreography 101 (M/H)

Miss Aislinn Oliveri, Mineola UFSD

This session is for choreographers of school musicals looking to build and develop a repertoire of basic choreography strategies to help create visually appealing staging. We will discuss ideas to help tackle the challenge of developing appropriate choreography for students of all skill levels. Together, we will move around the space, watch examples of different types of dance and choreography, and discuss the importance of warm-ups, formations and creating a comfortable atmosphere for your cast.

Demystifying Monologue Preparation for College Auditions (H)

Ms. Lisa Drance, North Babylon UFSD

So you have students preparing for college auditions. Learn how to calm anxieties by understanding how to navigate the process. From choosing appropriate materials, knowing what to wear, and most importantly, how to prepare text for auditions, as taught by the New York State Theatre Education's Adjudication Committee, you can have an impact on the college audition process.

Everything You Wanted to Know About Licensing and Were Afraid to Ask (M/H)

Mr. Jim Hoare, TRW

How are licensing fees calculated? Why are some titles restricted? Are licensing fees negotiable? How is a school selected to be a test site for a new School Edition? How can I get an original work published? Learn the answers to these and any other questions from someone who spent thirty-one years as a high school theatre teacher/director and ten years in theatrical licensing/publishing.

Musical Theatre Singing (M/H)

Mr. Steven Altinel, Long Island Musical Theatre Festival

We will talk about the evolution of musical theatre singing from the Golden Age to what is now being considered the Platinum Age. We will also discuss the sounds that are being heard on the musical theatre stage and how to explore these sounds with our students. This session will be interactive, encourage conversations about the art form, and include student performers.

BALANCED MIND CONFERENCE XXI

November 7, 2017

Producing a Junior Musical: You Can Do It! (E/M)

Mr. T.J. Carollo, Lynbrook UFSD

Do you want to produce a musical in your elementary/middle school but have no idea where to start? How much does it cost? How do you create sets and costumes? Do you need a pit band? (Hint: NO) If these issues ever made you apprehensive about starting a theater program in your school, this workshop is for you. The workshop will cover the tips and tricks of putting together a "junior" or "kids" musical from beginning to end for the aspiring or inexperienced musical theater director.

The Technical Side of Theatre: A Q&A (E/M/H)

Mr. Glen Davis, G. Scott Designs, Inc.

The presenter brings over twenty-five years of experience to this session. Complete discussion and Q&A, including questions on shows you may be currently preparing, as well as questions on how to make your show great through the use of lighting, set design and sound effects, are encouraged.

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Mr. Dennis Cashton, Mind over Machines

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You Don't Have to be British to do Shakespeare or Ten Easy Steps to a Shakespeare Performance (H)

Mr. Sal Salerno, Bellmore Merrick CSD

Ten easy steps to helping you and your students understand how to work on a Shakespeare production suitable for a high school audience. Learn tips, tricks, and preparatory and rehearsal exercises that will enable confidence and understanding. Information in the workshop will benefit production, monologue work or college audition preparation.

You've Been Given a Budget to Update Your Auditorium ... Now What? (E/M/H/A)

Mr. Glen Davis, G. Scott Designs, Inc.

Learn from a professional sound and lighting designer with extensive experience in working with schools, how to make the biggest impact. You will learn which items are absolutely necessary, which can wait until a future time and the correct order for updating equipment. Q&A will follow.